



It starts within yourself



- It is easy to make a difference.....
 - My day will improve as I seek to improve the lives of others.
 - Today, I will be aware of the power I have to touch the lives of others in a meaningful way.

Build from the Heart



- From the Heart....
 - We build genuine relationships, bonds built with unconditional love, joy, loyalty, trust, and conviction.
- Through the Heart....
 - We connect with the world around us, the people, by connecting at the level of the soul.
- With the Heart....
 - We foster commitment, we experience true passion, we take risks which give us the courage and fuel to do something with purpose and vision.

When something captures your heart, you are driven to succeed!



- Begin where you are.
- Learn by doing.
- Start small.
- Go with energy.
- Go with passion.
- Have enthusiasm.

What do I have to offer?



- Consider your special talents you have and the skills you have developed.
- Ask yourself *"How can I make the world a better place?"*
- You will find an abundance of answers – Act on them!
- People do their best work when they think and act as their "best selves".

We have influence



- In every relationship, we have influence.
- Understand what we can and cannot influence as well as what does and does not broaden the scope of our influence.
- Know what we can and cannot change.
- Be proactive instead of reactive.
- We can and must choose where we focus our attention.

Believe in your abundance



- Encourage people to own their own performance.
- Empower them to make decisions.
- Foster independence excellence.
- The more we share, the more we gain.
- Best to contribute what one can contribute whenever possible.

Embody the Change



- “Be the change you want to see in the world”.
Mahatma Gandhi
- Remain visible and engaged no matter who else is leading.

You are an unique individual



- You have much to share in knowledge and skill.
- Share your personality. We are all unique in ourselves, do not be afraid to show your human side.
- Plan your work, work your plan, make the most of what you have.

It is Time to “Pay It Forward”



- You can do it....
 - One person at a time.
 - Choose who to mentor.
 - Make a difference.
 - Take the time – how much is up to you.
 - Make an effort, you can make it happen.

It is Time to "Pay It Forward"
Feature your work place on the web



It is Time to "Pay It Forward"
Participate in a "cause"



It is Time to "Pay It Forward" Promote your Profession



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It is Time to “Pay It Forward” Volunteer – as a group



Examples – follow the lead Participate in the fun at your work.



Pay It Forward to the Next Generation



Ideas – How do I Pay it Forward?



- Volunteer in your community
- Go to your school – KRCS suitcase available
- Career Day in your community
- Respiratory Care Week
- Car Show – Do pulmonary screening
- Legislative Day – Legislative day at the capital
- Work on a committee at work – spread your profession
- Raise funds – KRCS scholarships
- Mentor a student
- Mentor a co worker
- Share your stories
- Have students shadow
- Walk in a parade
- Adopt a company – pulmonary screening

Today – We Challenge YOU!

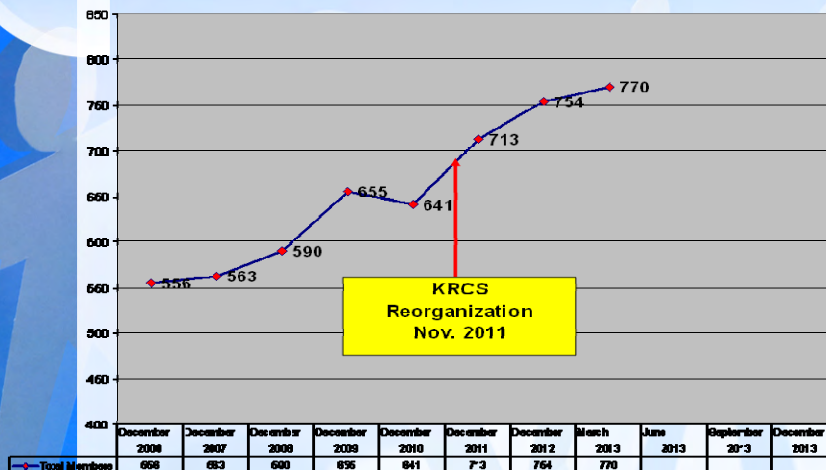


- Stop by the booth at the Vendor Hall
 - Enter a drawing for free registration for Annual Education meeting
 - Register in the drawing – one thing you can do this year to pay it forward and your name
 - We will list on the KRCS Web page – ideas
 - Write up your story and place on KRCS Promote Connections

Today – We Challenge YOU! Recruit a member – pay it forward



KRCS Membership Statistics



Today – We Challenge YOU!



- Go to the people
- Live among them
- Learn from them
- Start with what they know.

“Giving frees us from the familiar territory of our own needs by opening our minds to the unexplored worlds occupied by the needs of others”. Barbara Bush



